

ALIVE AT 25

The most dangerous year in a teen's life is the year they start driving. The number one cause of death for young drivers (ages 15 to 24) is motor vehicle crashes. According to the National Safety Council (NCS) every year, young adult drivers are involved in more than six million collisions, resulting in 14,000 fatalities.

To save lives and equip teens to drive more defensively, the National Safety Council developed the ***Alive at 25*** defensive driving program. (www.nsc.org/alive25/). This curriculum has been adopted by many states and courts for graduated licensing and traffic violator programs. The program has proven effective at reducing young driver crashes, injuries and fatalities, and ***Alive at 25-third edition*** was adopted by Montana in January 2009.

Alive at 25 is an engaging four-hour course that encourages young drivers to take responsibility for their driving behavior. Through interactive media segments, workbook exercises, class discussions and role playing, young drivers develop convictions about safety and practical strategies that will keep them safe on the road.

Teens will learn:

- Why young adults often underestimate risk
- The effects of inexperience, peer pressure and such distractions as cell phones, text messaging, MP3 players and GPS units
- The dangers of "kneeing"
- State and local driving laws and regulations
- Communication skills for assertiveness and being a young leader
- Responsibility of passengers

Alive at 25 Parent Program

To properly prepare teens to drive, parents must have a clear understanding of the risks they face. That's why the *National Safety Council* developed the ***Alive at 25 Parent Program – Partnering with Your Teen Driver***. (www.nsc.org/ddc/parentprogram/index.aspx).

This 2-hour online internet-based course identifies those risks, and helps parents reinforce basic driving skills and good decision making to help teens become safe, responsible, and defensive drivers.

For more information about the ***Alive at 25*** program and a schedule of trainings in Montana, see the contact information below for your local Highway Patrol office or contact Trooper John Spencer at 444-3284 or jospencer@mt.gov.

District I (Missoula) – Mineral, Missoula, Ravalli and Sanders Counties

2681 Palmer, Suite B
Missoula, MT 59808-1700
Phone: (406) 329-1500
Fax: (406) 329-1549

District II (Great Falls) – Cascade, Fergus, Golden Valley, Judith Basin, Musselshell, Petroleum, Teton and Wheatland Counties

812 14th Street North
Great Falls, MT 59401-1247
Phone: (406) 453-1121 or 452-9311
Fax: (406) 454-2119

District III (Butte) – Beaverhead, Deer Lodge, Granite, Jefferson, Lewis & Clark, Madison, Powell and Silver Bow Counties

3615 Wynne
Butte, MT 59701
Phone: (406) 494-3233
Fax: (406) 494-8264

District IV (Billings) – Big Horn, Carbon, Stillwater, Sweet Grass and Yellowstone Counties

615A South 27 Street
Billings, MT 59101
Phone: (406) 896-4351
Fax: (406) 896-4355

District V (Glendive) – Carter, Custer, Daniels, Dawson, Fallon, Garfield, McCone, Powder River, Prairie, Richland, Roosevelt, Rosebud, Sheridan, Treasure, Valley and Wibaux Counties

76 Highway 16
Glendive, MT 59330-9502
Phone: (406) 377-5238
Fax: (406) 377-8504

District VI (Kalispell) – Flathead, Lake and Lincoln Counties

121 Financial Drive, Suite D
Kalispell, MT 59901
Phone: (406) 755-6688
Fax: (406) 756-6606

District VII (Bozeman) – Broadwater, Gallatin, Madison, Meagher and Park Counties

1045 Reeves Road East, Suite B
Bozeman, MT 59718
Phone: (406) 587-4525, 587-4528 or 587-4530
Fax: (406) 587-4534

District VIII (Havre) – Blaine, Chouteau, Glacier, Hill, Liberty, Phillips, Pondera and Toole Counties

1708 Second Street West, Suite A
Havre, MT 59501
Phone: (406) 265-6420
Fax: (406) 265-6430